

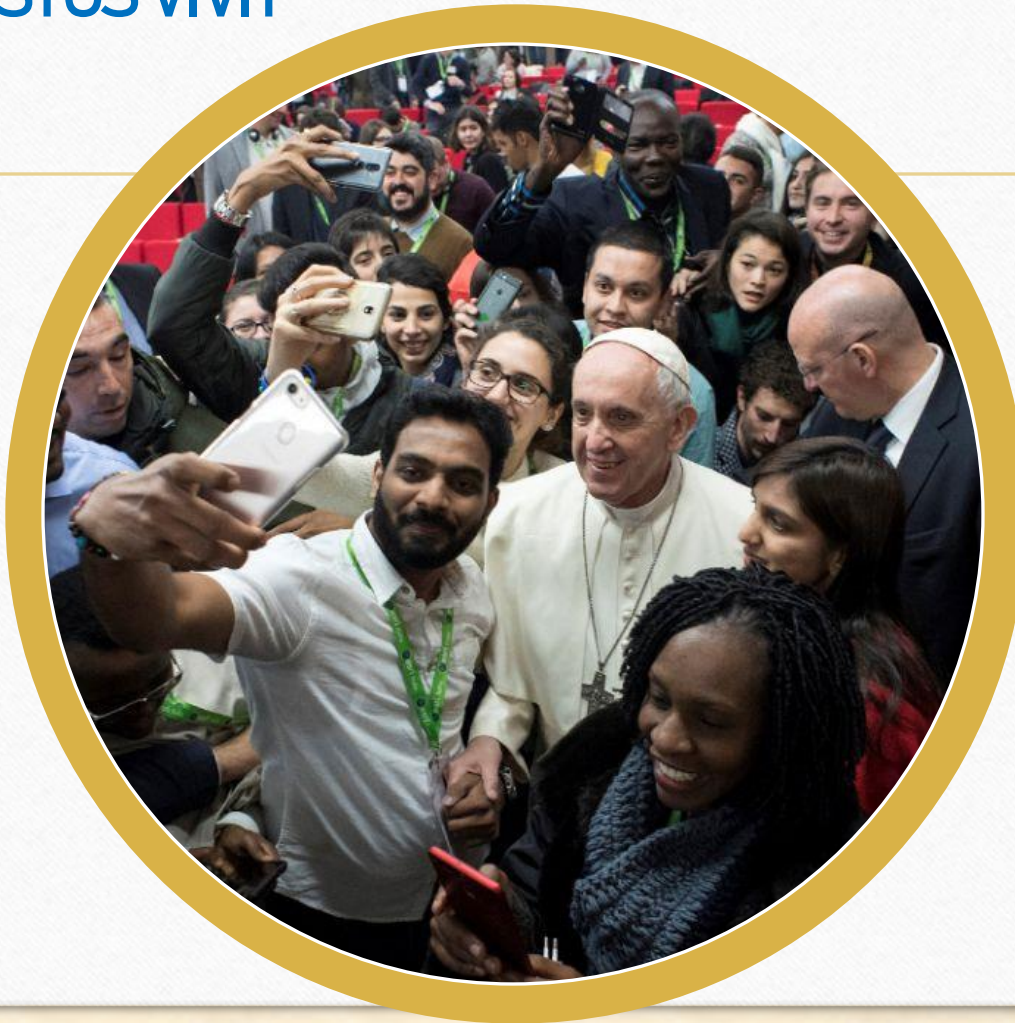


MALANKARA CATHOLIC YOUTH MOVEMENT
MCYM THIRUVALLA DISTRICT



THE ROOT SUPPORTS YOU (ROME 11/18)

PAPAL DOCUMENTS ON YOUTH & CHRISTUS VIVIT



CHURCH DOCUMENTS



- One is from the bishops. These documents, either issued by individual bishops or by national conferences of bishops, explain how church teaching will be put into effect in a diocese or particular area. Often referred to as a **PASTORAL LETTER**, each must receive official confirmation from the Vatican to have authority.
- A second official church document is issued by offices of the Holy See and authorized by the pope. Called a **CURIAL DOCUMENT**, this type of communication provides instruction, such as to explain or clarify documents issued by a council or decrees by a pope.
- **CONCILIAR DOCUMENTS** are another type of official church documents and are issued following the work of a church council.
- The last type of official church document includes the largest of the four areas: **PAPAL DOCUMENTS**. Papal documents are issued directly by the pontiff and typically fall into certain recognized categories with different levels of authority.

PAPAL DOCUMENTS

- **Papal Bull**
- **Apostolic Constitution**
- **Encyclical Letter.**
- **Apostolic Letter Or Epistle**
- **Declaration**
- **Motu Proprio**
- **Apostolic Exhortation**
- **Allocution**





PAPAL BULL

- The first type is a **papal bull**. It is typically used to address a wide range of situations, such as an excommunication to canonizations of saints.
- Written on parchment with a seal or bulla attached featuring cords of silk, a papal bull makes a dramatic presentation and is typically reserved for solemn announcements.
- In 1950, the dogma of the Assumption of Our Blessed Mother was issued through an apostolic constitution with a papal bull.

- An **apostolic constitution** is a second type of papal document and deals with serious doctrinal matters. When issued, it can define dogma, change canon law or establish new ecclesiastical structures.
- If the pope wants to write a pastoral letter to the entire church, he would typically use this third type of papal document called an **encyclical letter**. Usually this document offers some type of teaching or counsel on doctrine. An example is pope leo xiii's *rerum novarum*, an encyclical that first introduced catholic social teaching.



- Similar to an encyclical in its pastoral nature, an **apostolic letter or epistle** is written by the pope to address a specific person or group of people on an issue or issues of concern.
- Another document that the pope can send is called a **declaration**. This can be in the form of a simple statement of a law or a longer declaration that could modify a church law. Declarations are not issued as much as they once were in the early history of the church.

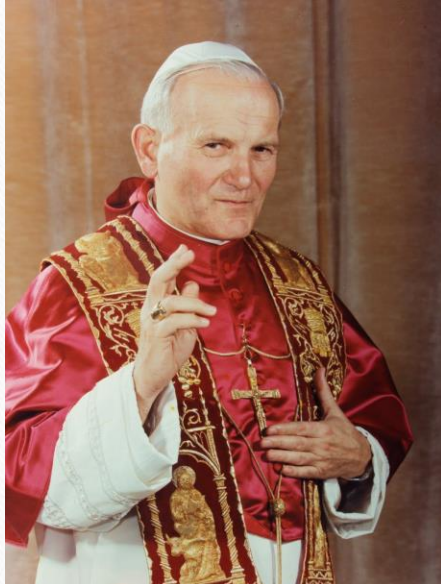




- A sixth type is the **motu proprio**. This is a decree issued by the pontiff and is meant to handle specific issues related to the church. When restrictions were relaxed during the celebration of the mass, catholics heard about it in a motu proprio issued by pope benedict XVI.
- For those times when the pope doesn't write a papal document, he can still make a formal oral announcement. Called an **allocution**, this is a way for the pope to address a group on a certain topic. The first pope to use it was pope pius IX when he addressed the cardinals.



- An **apostolic exhortation**, issued recently by Pope Francis, is an exhorting or urging by the pope.
- Typically, it contains papal reflections on a certain topic and may also offer encouragement and instruction to everyone in the church.
- The “Amoris Laetitia” or “the Joy of Love” draws together the results of two recent synods on the family and also contains the pope’s thoughts on providing comfort and compassion to every family.



- CHRISTIAN EDUCATION OF YOUTH : ON DECEMBER 31, 1929, POPE PIUS XI ISSUED AN ENCYCLICAL LETTER ON THE TOPIC "CHRISTIAN EDUCATION OF YOUTH.
- ADDRESS OF HIS HOLINESS POPE JOHN XXIII TO PARTICIPANTS IN THE FIRST EUROPEAN MEETING OF YOUTH (1962)
- CLOSING OF THE SECOND VATICAN ECUMENICAL COUNCIL ADDRESS OF POPE PAUL VI TO YOUNG MEN AND WOMEN OF THE WORLD (8 DECEMBER 1965)
- POPULORUM PROGRESSIO ENCYCLICAL OF POPE PAUL VI ON THE DEVELOPMENT OF PEOPLES
- APOSTOLIC LETTER : DILECTI AMICI OF POPE JOHN PAUL II TO THE YOUTH OF THE WORLD ON THE OCCASION OF INTERNATIONAL YOUTH YEAR (1985)

CLOSING OF THE SECOND VATICAN ECUMENICAL COUNCIL

ADDRESS OF POPE PAUL VI TO YOUNG MEN AND WOMEN OF THE WORLD

8 December 1965

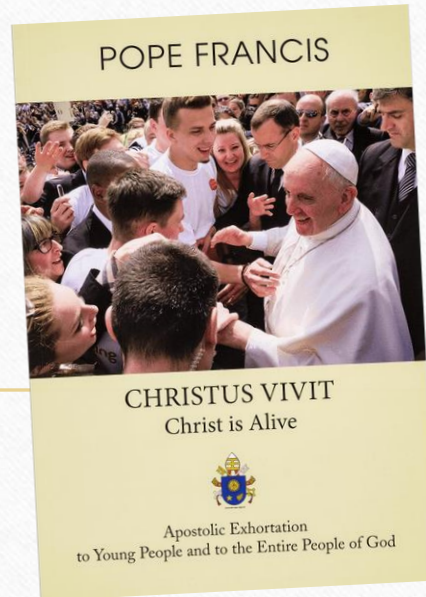
Lastly, it is to you, young men and women of the world, that the council wishes to address its final message. **For it is you who are to receive the torch from the hands of your elders and to live in the world at the period of the most gigantic transformations ever realized in its history. It is you who, receiving the best of the example of the teaching of your parents and your teachers, are to form the society of tomorrow. You will either save yourselves or you will perish with it.**

For four years the Church has been working to rejuvenate her image in order to respond the better to the design of her Founder, the great Living One, the Christ who is eternally young. At the term of this imposing re-examination of life, she now turns to you. It is for you, youth, especially for you that the Church now comes through her council to enkindle your light, the light which illuminates the future, your future. The Church is anxious that this society that you are going to build up should respect the dignity, the liberty and the rights of individuals. These individuals are you. The Church is particularly anxious that this society should allow free expansion to her treasure ever ancient and ever new, namely faith, and that your souls may be able to bask freely in its helpful

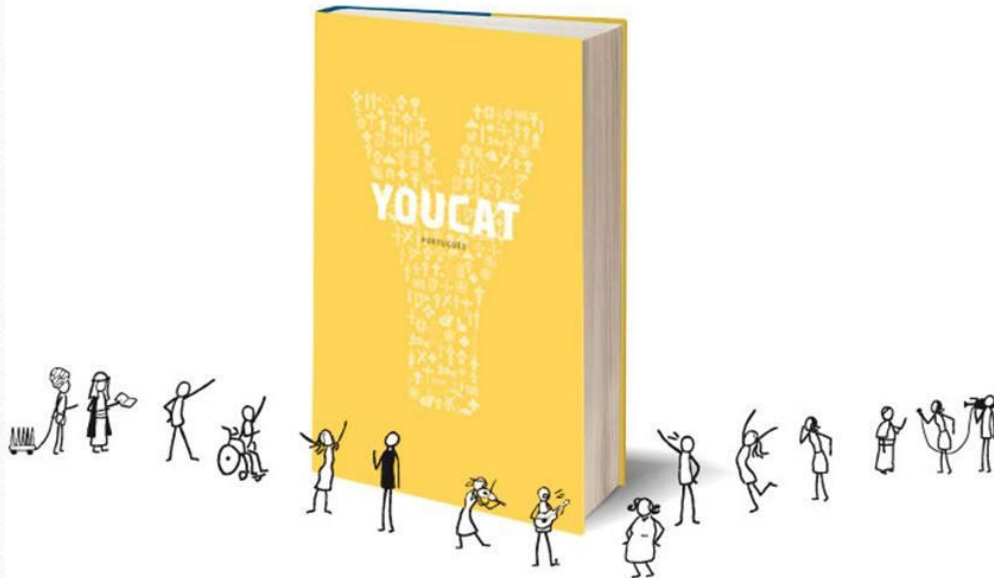
light. She has confidence that you will find such strength and such joy that you will not be tempted, as were some of your elders, to yield to the seductions of egoistic or hedonistic philosophies or to those of despair and annihilation, and that in the face of atheism, a phenomenon of lassitude and old age, you will know how to affirm your faith in life and in what gives meaning to life, that is to say, the certitude of the existence of a just and good God.

It is in the name of this God and of His Son, Jesus, **that we exhort you to open your hearts to the dimensions of the world, to heed the appeal of your brothers, to place your youthful energies at their service. Fight against all egoism. Refuse to give free course to the instincts of violence and hatred which beget wars and all their train of miseries. Be generous, pure, respectful and sincere, and build in enthusiasm a better world than your elders had.**

The Church looks to you with confidence and with love. Rich with a long past ever living in her, and marching on toward human perfection in time and the ultimate destinies of history and of life, ***the Church is the real youth of the world.*** She possesses what constitutes the strength and the charm of youth, that is to say the ability to rejoice with what is beginning, to give oneself unreservedly, to renew one's self and to set out again for new conquests. **Look upon the Church and you will find in her the face of Christ, the genuine, humble and wise Hero, the prophet of truth and love, the companion and friend of youth.** It is in the name of Christ that we salute you, that we exhort and bless you.



- **WORLD YOUTH DAY** (From the time of Pope John Paul II)
- **YOUCAT** (The biggest contribution in Youth Ministry, by Pope Benedict XVI)
- **Synod for Youth** (Pope Francis)



- Pre-synodal document (Youth, Faith & Vocational Discernment)
- Post-synodal Document
- **Post-Synodal Apostolic Exhortation “Christus Vivit”**



THE HOLY SEE



BULLETIN PRESS ROOM

INFORMATION SERVICES

VATICAN NEWS



FRANCIS



BIOGRAPHY PHOTO



disembodied, unable to touch the flesh of Christ. Pope francesco

ANGELUS
REGINA CAELI

APOSTOLIC
CONSTITUTIONS

SPEECHES

ENCYCLICALS

APOSTOLIC
EXHORTATIONS

LETTERS

APOSTOLIC LETTERS

MESSAGES

MOTU PROPRIO

HOMILIES

PRAYERS

AUDIENCES

TRIPS

DAILY MEDITATIONS



ANNOUNCEMENTS

CALENDAR

PHOTOS

VIDEO

27 - 9 - 2021

Message of the Holy Father for the 36th World Youth Day [Solemnity of Christ the King, 21 November 2021]

To Participants in the Plenary Assembly of the Pontifical Academy for Life

Daily Bulletin - Press Room

26 - 9 - 2021

Angelus

Daily Bulletin - Press Room

25 - 9 - 2021

To the Bishops who are friends of the Focolare Movement

Activate Windows
Go to Settings to activate Windows

WORLD YOUTH DAY Message 2021

Nowadays we fill up our time, especially on social media, with any number of “stories”, often carefully constructed with backdrops, web cameras and special effects. More and more, we want to be in the spotlight, perfectly framed, ready to show our “friends” and “followers” an image of ourselves that does not reflect who we really are. **Christ, the noonday sun, comes to enlighten us and to restore our authenticity, freeing us from all our masks. He shows us clearly who we are, for that is exactly how he loves us.**

POST-SYNODAL APOSTOLIC EXHORTATION

CHRISTUS VIVIT

OF THE HOLY FATHER

FRANCIS

TO YOUNG PEOPLE AND TO THE ENTIRE PEOPLE OF GOD

Christ is alive! He is our hope, and in a wonderful way he brings youth to our world, and everything he touches becomes young, new, full of life. The very first words, then, that I would like to say to every young Christian are these: Christ is alive and he wants you to be alive!

(Para 1)

09 Chapters

299 Paragraphs

CONTENTS

CHRIST IS ALIVE [1-4]

CHAPTER ONE

**WHAT DOES THE WORD OF GOD HAVE TO
SAY ABOUT YOUNG PEOPLE? [5]**

IN THE OLD TESTAMENT [6-11]

IN THE NEW TESTAMENT [12-21]

CHAPTER TWO

JESUS, EVER YOUNG [22]

JESUS' YOUTH [23-29].

HIS YOUTH TEACHES US [30-33].

THE YOUTH OF THE CHURCH [34].

A Church open to renewal [35-38]..

A Church attentive to the signs of the times [39-42]

MARY, THE YOUNG WOMAN OF NAZARETH [43-48]

YOUNG SAINTS [49-63]

CHAPTER THREE

YOU ARE THE "NOW" OF GOD [64]

IN POSITIVE TERMS [65-67]

MANY WAYS OF BEING YOUNG [68-70]

SOME EXPERIENCES OF YOUNG PEOPLE [71-85].

Living in a world in crisis [72-80).

Desires, hurts and longings [81-85].

THE DIGITAL ENVIRONMENT [86-90].

MIGRANTS AS AN EPITOME OF OUR TIME [91-94]

ENDING EVERY FORM OF ABUSE [95-102].

A WAY OUT [103-110]

-
- 106. Carlo didn't fall into the trap. He saw that many young people, wanting to be different, really end up being like everyone else, running after whatever the powerful set before them with the mechanisms of consumerism and distraction. In this way they do not bring forth the gifts the Lord has given them; they do not offer the world those unique personal talents that God has given to each of them. As a result, Carlo said, "everyone is born as an original, but many people end up dying as photocopies". Don't let that happen to you!

-
- 109. **If you are young in years, but feel weak, weary or disillusioned, ask Jesus to renew you.** With him, hope never fails. You can do the same if you feel overwhelmed by vices, bad habits, selfishness or unhealthy pastimes. Jesus, brimming with life, wants to help you make your youth worthwhile. In this way, you will not deprive the world of the contribution that you alone can make, in all your uniqueness and originality.

CHAPTER FOUR A GREAT MESSAGE

FOR ALL YOUNG PEOPLE [111]

A GOD WHO IS LOVE [112- 117]..

CHRIST SAVES YOU [118-123]..

HE IS ALIVE! [124-129].

THE SPIRIT GIVES LIFE [130- 133]

-
- 112 The very first truth I would tell each of you is this: “God loves you”. It makes no difference whether you have already heard it or not. I want to remind you of it. God loves you. Never doubt this, whatever may happen to you in life. At every moment, you are infinitely loved.

- 115. For him, you have worth; you are not insignificant. You are important to him, for you are the work of his hands. That is why he is concerned about you and looks to you with affection. **“Trust the memory of God: his memory is not a ‘hard disk’ that ‘saves’ and ‘archives’ all our data. His memory is a heart filled with tender compassion, one that finds joy in ‘deleting’ from us every trace of evil”.**^[63] He does not keep track of your failings and he always helps you learn something even from your mistakes. Because he loves you. Try to keep still for a moment and let yourself feel his love. Try to silence all the noise within, and rest for a second in his loving embrace.

117. When he asks something of you, or simply makes you face life's challenges, he is hoping that you will make room for him to push you, to help you grow. He does not get upset if you share your questions with him. He is concerned when you *don't* talk to him, when you are not open to dialogue with him. The Bible tells us that Jacob fought with God (cf. *Gen* 32:25-31), but that did not keep him from persevering in his journey. The Lord himself urges us: "Come, let us argue it out" (*Is* 1:18). His love is so real, so true, so concrete, that it invites us to a relationship of openness and fruitful dialogue. Seek the closeness of our heavenly Father in the loving face of his courageous witnesses on earth!

- 120. “We are saved by Jesus because he loves us and cannot go against his nature. We can do any number of things against him, yet he loves us and he saves us. For only what is loved can be saved. Only what is embraced can be transformed. The Lord’s love is greater than all our problems, frailties and flaws. Yet it is precisely through our problems, frailties and flaws that he wants to write this love story. He embraced the prodigal son, he embraced Peter after his denials, and he always, always, always embraces us after every fall, helping us to rise and get back on our feet. Because the worst fall, and pay attention to this, *the worst fall, the one that can ruin our lives, is when we stay down and do not allow ourselves to be helped up*”.[67]

-
- 127. Because he lives, there can be no doubt that goodness will have the upper hand in your life and that all our struggles will prove worthwhile. If this is the case, we can stop complaining and look to the future, for with him this is always possible. That is the certainty we have. **Jesus is eternally alive. If we hold fast to him, we will have life, and be protected from the threats of death and violence that may assail us in life.**

-
- 129. If in your heart you can learn to appreciate the beauty of this message, if you are willing to encounter the Lord, if you are willing to let him love you and save you, if you can make friends with him and start to talk to him, the living Christ, about the realities of your life, then you will have a profound experience capable of sustaining your entire Christian life. You will also be able to share that experience with other young people. For **“being a Christian is not the result of an ethical choice or a lofty idea, but the encounter with an event, a person, which gives life a new horizon and a decisive direction”**.[\[69\]](#)

- 132. Are you looking for passion? As that beautiful poem says: "Fall in love!" (or "let yourself be loved!"), because **"nothing is more practical than finding God, than falling in love in a quite absolute, final way. What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of bed in the morning, what you do with your evenings, how you spend your weekends, what you read, whom you know, what breaks your heart, and what amazes you with joy and gratitude. Fall in love, stay in love, and it will decide everything".**^[70] This love for God, that can approach everything in life with passion, is possible thanks to the Spirit, for "God's love has been poured into our hearts through the Holy Spirit who has been given to us" (*Rom 5:5*).

- 133. He is the source of youth at its best. For those who trust in the Lord are “like a tree planted by water sending out its roots by the stream; it shall not fear when heat comes, and its leaves shall stay green” (*Jer* 17:8). While “youths shall faint and be weary” (*Is* 40:30), those who wait for the Lord “shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint” (*Is* 40:31).

CHAPTER FIVE

PATHS OF YOUTH [134-135]

A TIME OF DREAMS AND DECISIONS [136-143]

A THIRST FOR LIFE AND EXPERIENCE [144-149]

IN FRIENDSHIP WITH CHRIST [150-157].

GROWTH IN MATURITY [158-162].

PATHS OF FRATERNITY [163-167]

YOUNG AND COMMITTED [168-174]

COURAGEOUS MISSIONARIES [175-178]

- 134. What does it mean to live the years of our youth in the transforming light of the Gospel? We need to raise this question, because youth, more than a source of pride, is a gift of God: **“To be young is a grace, a blessing”.** **[71]** It is a gift that we can squander meaninglessly, or receive with gratitude and live to the full.

- 141. But opposed to these hopes and dreams that generate decisions, there is always the temptation to complain or give up. "We can leave that to those who worship the 'goddess of lament'... She is a false goddess: she makes you take the wrong road. When everything seems to be standing still and stagnant, when our personal issues trouble us, and social problems do not meet with the right responses, it does no good to give up. **Jesus is the way: welcome him into your 'boat' and put out into the deep! He is the Lord! He changes the way we see life. Faith in Jesus leads to greater hope, to a certainty based not on our qualities and skills, but on the word of God, on the invitation that comes from him. Without making too many human calculations, and without worrying about things that challenge your security, put out into the deep. Go out of yourselves".** [\[77\]](#)

- 143. Dear young people, make the most of these years of your youth. Don't observe life from a balcony. Don't confuse happiness with an armchair, or live your life behind a screen. Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anaesthetized or approach the world like tourists. **Make a ruckus!** Cast out the fears that paralyze you, so that you don't become young mummies. **Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly!** **Please, don't take early retirement**

- *In friendship with Christ*

- 150. No matter how much you live the experience of these years of your youth, you will never know their deepest and fullest meaning unless you encounter each day your best friend, the friend who is Jesus.
- 151. Friendship is one of life's gifts and a grace from God. Through our friends, the Lord refines us and leads us to maturity. Faithful friends, who stand at our side in times of difficulty, are also a reflection of the Lord's love, his gentle and consoling presence in our lives. The experience of friendship teaches us to be open, understanding and caring towards others, to come out of our own comfortable isolation and to share our lives with others. For this reason, "there is nothing so precious as a faithful friend" (*Sir* 6:15).

-
- 152. Friendship is no fleeting or temporary relationship, but one that is stable, firm and faithful, and matures with the passage of time. A relationship of affection that brings us together and a generous love that makes us seek the good of our friend. Friends may be quite different from one another, but they always have things in common that draw them closer in mutual openness and trust. [\[80\]](#)

- 153. Friendship is so important that Jesus calls himself a friend: "I do not call you servants any longer, but I call you friends" (*Jn* 15:15). By the gift of his grace, we are elevated in such a way that we truly become his friends. With the same love that Christ pours out on us, we can love him in turn and share his love with others, in the hope that they too will take their place in the community of friendship he established. And even as he enjoys the complete bliss of the life of the resurrection, we, for our part, can work generously to help him build his kingdom in this world, by bringing his message, his light, and above all his love, to others (cf. *Jn* 15:16). The disciples heard Jesus calling them to be his friends. It was an invitation that did not pressure them, but gently appealed to their freedom. "Come and see", Jesus told them; so "they came and saw where he was staying, and they remained with him that day" (*Jn* 1:39). After that unexpected and moving encounter, they left everything and followed him.

-
- 154. Friendship with Jesus cannot be broken. He never leaves us, even though at times it appears that he keeps silent. When we need him, he makes himself known to us (cf. *Jer* 29:14); he remains at our side wherever we go (cf. *Jos* 1:9). He never breaks his covenant. He simply asks that we not abandon him: "Abide in me" (*Jn* 15:4). But even if we stray from him, "he remains faithful, for he cannot deny himself" (*2 Tim* 2:13).

CHAPTER SIX

YOUNG PEOPLE WITH ROOTS [179]

DO NOT ALLOW YOURSELVES TO BE UPROOTED [180-186]

YOUR RELATIONSHIP WITH THE ELDERLY [187-191]

DREAMS AND VISIONS [192-197].

TAKING RISKS TOGETHER [198-201]

- **Roots are not anchors chaining us to past times and preventing us from facing the present and creating something new. Instead, they are a fixed point from which we can grow and meet new challenges.** It does us no good “to sit down and long for times past; we must meet our culture with realism and love and fill it with the Gospel. We are sent today to proclaim the Good News of Jesus to a new age. We need to love this time with all its opportunities and risks, its joys and sorrows, its riches and its limits, its successes and failures

CHAPTER SEVEN

YOUTH MINISTRY [202]

A PASTORAL CARE THAT IS SYNODAL [203-208].

MAIN COURSES OF ACTION [209-215].

SUITABLE ENVIRONMENTS (216-220).

Youth ministry in educational institutions (221-223)

AREAS NEEDING TO BE DEVELOPED [224-229]....

A "POPULAR" YOUTH MINISTRY [230-238]..

ALWAYS MISSIONARIES [239-241].....

ACCOMPANIMENT BY ADULTS [242-247].

- The young make us see the need for new styles and new strategies. For example, while adults often worry about having everything properly planned, with regular meetings and fixed times, most young people today have little interest in this kind of pastoral approach. Youth ministry needs to become more flexible: inviting young people to events or occasions that provide an opportunity not only for learning, but also for conversing, celebrating, singing, listening to real stories and experiencing a shared encounter with the living God.

- I wish simply to emphasize that youth ministry involves two main courses of action.
-
- **One is *outreach***, the way we attract new young people to an experience of the Lord.
 - The other is ***growth***, the way we help those who have already had that experience to mature in it.

- Outreach

is that each young person can be daring enough to sow the seed of the message on that fertile terrain that is the heart of another young person.

- Growth

youth ministry should always include occasions for renewing and deepening our personal experience of the love of God and the living Christ.

-
- we need a “popular” youth ministry that can open doors and make room for everyone, with their doubts and frustrations, their problems and their efforts to find themselves, their past errors, their experiences of sin and all their difficulties.

- The community has an important role in the accompaniment of young people; it should feel collectively responsible for accepting, motivating, encouraging and challenging them.
- All should regard young people with understanding, appreciation and affection, and avoid constantly judging them or demanding of them a perfection beyond their years.

CHAPTER EIGHT

VOCATION [248-249]

GOD'S CALL TO FRIENDSHIP [250-252].

BEING THERE FOR OTHERS [253-258].

LOVE AND FAMILY [259-267].

WORK [268-273].

THE VOCATION TO SPECIAL CONSECRATION [274-277)

-
- The first thing we need to discern and discover is this: **Jesus wants to be a friend to every young person. This discernment is the basis of all else.** In the risen Lord's dialogue with Simon Peter, his great question was: "Simon, son of John, do you love me?" (*Jn* 21:16). In other words, do you love me as a friend? The mission that Peter received to shepherd Jesus' flock will always be linked to this gratuitous love, this love of friendship.

-
- It is better to seek out that calm and quiet that enable you to reflect, pray, look more clearly at the world around you, and then, with Jesus, come to recognize the vocation that is yours in this world.

CHAPTER NINE

DISCERNMENT [278-282]

DISCERNING YOUR VOCATION [283-286]

THE CALL OF JESUS OUR FRIEND [287-290]

LISTENING AND ACCOMPANIMENT [291-298].

AND TO CONCLUDE A WISH [299].



"MAKE A RUCKUS!"
POPE FRANCIS

Thank You
God Bless You